11 of 42 learners who asked a clinical question wanted more help starting and titrating therapy when blood pressure is low

Starting and titrating guideline-directed therapy in heart failure with reduced ejection fraction

286	46	109	97
learners used the assistant	typed their own question	chose a follow-up question the assistant offered	physicians and 68 nurse practitioners

IN LEARNERS' OWN WORDS

"My patient gets dizzy on carvedilol 6.25 bid, BP 94/60. Lower the dose or switch to metoprolol succinate?"

"pt with EF 25% and SBP 92, which med do I start first?"

> A practical education need: 6 of their 13 questions were answered only in part or went beyond this activity, often on what to reduce first.

Learners could ask an AI assistant inside this accredited activity. It answered only from the activity's own slides and videos, with citations, and declined what they did not cover. After each answer it offered follow-up questions; learners who clicked one are counted separately. The assistant is ChatCME (chatcme.com). Counts are learners who chose to ask; they show educational need, not knowledge or practice change.

Source: Larkspur Medical Education learner-question data, May – October 2026. Sample: the provider, activity, questions and counts are fictional.

Most questions were on starting and titrating the four classes safely

Starting and titrating guideline-directed therapy in heart failure with reduced ejection fraction

TOPIC	LEARNERS	COVERED	WHAT ONE LEARNER ASKED
Therapy when blood pressure is low	11	Partly	*"Should I stop the diuretic to make room for GDMT if BP is low"*
Potassium and kidney function	10	Answered	*"K is 5.4 on spironolactone, stop or reduce?"*
Order and pace of starting therapy	8	Answered	*"can all four be started in the hospital before discharge"*
Using SGLT2 inhibitors	8	Partly	*"do I need to lower insulin when starting empagliflozin"*
Starting sacubitril/valsartan	5	Answered	*"how long washout from lisinopril before starting sacubitril/valsartan"*

18 of 42 learners who asked a clinical question asked about objective 2, starting and titrating therapy.

Where low blood pressure limited titration, 6 of 13 questions needed more than this activity gave.

Source: Larkspur Medical Education learner-question data, May – October 2026. Sample: the provider, activity, questions and counts are fictional.

Needs for future education, among 42 learners who asked a clinical question

Starting and titrating guideline-directed therapy in heart failure with reduced ejection fraction

IN SCOPE: LEARNERS WANTED MORE DEPTH

Using SGLT2 inhibitors in heart failure

8 learners asked

> "SGLT2i and euglycemic DKA risk before surgery, when to hold"

BEYOND THIS ACTIVITY'S SCOPE

Therapy after the ejection fraction improves

4 learners asked

> "EF improved from 30 to 50, can we stop any of the meds?"

BEYOND THIS ACTIVITY'S SCOPE

Heart failure with preserved ejection fraction

3 learners asked

> "do these drugs work in HFpEF too"

Source: Larkspur Medical Education learner-question data, May – October 2026. Sample: the provider, activity, questions and counts are fictional.